

# Nutrition in a Bag

Ever had a Dietitian get your groceries? You're sure to end up with bags of tasty, convenient items!

Schedule an initial setup (one time charge of \$50 includes assessment and brief counseling) and you'll get a personal shopper with your health in mind. You'll pick up shopping tips along the way to help you learn better habits at the grocery store.

Each shopping trip is scheduled as needed by the client. A \$30 fee plus the price of food gets you home delivered nutrition!

Certified Nutrition of Omaha, LLC

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[www.CertifiedNutritionOmaha.com](http://www.CertifiedNutritionOmaha.com)



*Certified Nutrition of Omaha*

Clients who have purchased counseling packages need not pay the initial setup fee, as one session can be used for the shopping assessment.

## **Located:**

**In your home, for your convenience!**

**Offering weekend & evening appointments!**